

GCCC WOULD LIKE TO THANK THE AMAZING BUSINESSES AND FAMILIES THAT DONATED TO OUR FATHERS DAY RAFFLE. MLG OZ PTY LTD, BUNNINGS KALGOORLIE, ABBOTT LANE, THE GASTON FAMILY, THE WEBB-LAVERY FAMILY. THE PRIZES WE HAVE ARE AMAZING.



## FROM THE DIRECTOR...

Hi Families,

I just wanted to give you an update on the progress of the Lullaby Lane outdoor environment, thank you all for being patient while works got under way as it was a little noisy and took longer than expected! We now have a new shed and Colourbond fence. There is still further works that will be getting completed over the next couple of months and we are excited to see things progressing to improve the space.

Please take the time to have a look at our Quality Improvement Plan display in the entrance of the building for more information on the project.

You may have noticed some new educators faces around I would like to welcome Sharon to the team who is working in the Pit Blasters room at GOSHC. There will be also two new team members Amy and Shanti starting next week taking fulltime roles.

Congratulations to Andra, Emma-Rose, Jackie, Ruby and Rekha taking the next step in their career enrolling in the Diploma of Early Childhood Education and Care.

Looking forward we have set the date for the Annual General Meeting for the 26<sup>th</sup> October this will be held at Rydges Hotel we will keep you posted and send more information closer to the date.

I would like to recognise all the family's contributions of donations that are going to gift bags for the elderly residents at Southern Cross Care. We are very grateful and so lucky we have awesome families; I know this is going to bring a smile to them.

We are continuing to work with covid-19 restrictions and completing compliance professional development training, this has certainly looked a little different especially our first aid training. But everything has been modified and is still of a high standard.

School holidays are fast approaching, and we have some great activities planned please ensure you sign the excursion forms these will look a little different this time due to Education and Care Services National Amendment Regulations 2020 changes that relate to new requirements for providers of services transporting children -commencing 1<sup>st</sup> October. This will include updating our Bus Policy and transport-specific risk assessments and written parental/carers authorisations.

<https://www.acecqa.gov.au/sites/default/files/2020-08/InfosheetSafeTransportationOfChildren.pdf>

If there is any changes to your child's special diet requirements or medical conditions can you please ensure you keep us up to date you can send an email to Andra [admin@goldfieldschildcare.com.au](mailto:admin@goldfieldschildcare.com.au)

Until next time enjoy spring and BEE HAPPY,

Director  
Rachel Booker





**INTERNATIONAL OLDER PERSONS DAY – 1<sup>ST</sup> OCTOBER**  
WE WOULD LIKE TO THANK ALL OF OUR AMAZING FAMILIES THAT HAVE SO KINDLY DONATED TO OUR GIFT BAGS. THIS WILL BE DONATED TO THE RESIDENTS AT THE SOUTHERN CROSS RETIREMENT HOME.

DUE TO COVID WE ARE UNABLE TO VISIT THE RESIDENTS THIS YEAR AND PERFORM OUR ANNUAL CONCERT. INSTEAD WE HAVE PUT TOGETHER SOME LOVELY CARDS MADE BY THE CHILDREN AND THESE WILL BE DELIVERED WITH THE GIFT BAGS BY MAUREEN.

A MASSIVE THANK YOU TO EVERYONE THAT HAS CONTRIBUTED

## LEMON, THYME & HONEY CHICKEN



PREP 25 min | COOK 35 min | SERVES 3-4

### INGREDIENTS

#### Chicken

6 chicken drumsticks  
zest of 1 lemon  
6 sprigs of fresh thyme  
2 tablespoons olive oil  
sea salt and freshly ground pepper  
1 tablespoon honey \*\*Not suitable for bubs under 1 year, leave drumsticks honey free

#### Pesto pasta salad

500 grams short pasta (such as fusilli, penne or rigatoni)  
3-4 heaped tablespoons of basil pesto  
1 punnet of cherry tomatoes, halved  
1 cucumber, thinly sliced  
2 cups rocket  
1/3 cup pecorino/parmesan, shaved  
4 bocconcini balls, roughly torn

### METHOD:

**Chicken** - Preheat oven to 200°C. Place the chicken on a lined oven tray. Zest a lemon over the chicken, adorn with thyme sprigs, drizzle with olive oil and season with sea salt and freshly ground pepper. Roast for 30 minutes, drizzle with honey and cook for another 5 minutes or until cooked, golden and caramelised. Serve with pesto pasta salad.

**Pesto pasta salad** - Bring a large pot of salted water to the boil and cook pasta. Drain and rinse under cold water. In a large bowl place, the cooked pasta and pesto and mix to combine. Add the cherry tomatoes, cucumber, rocket, pecorino and bocconcini balls and toss to combine. Serve with golden roasted lemon, thyme and honey chicken.

Recipe and Image from 'mylovelylittlelunchbox.com'

## EDUCATIONAL LEADER NEWS

It has been a very busy few months for the centre. The rooms have participated in lots of special days and events recently from Pyjama Day to Book Week. The children looked very adorable in their costumes during Book Week dress up day and a huge thank you for everyone who put in the effort.

The Goshc educators have been busy planning for the October Vacation care, organising excursions and planning activities to keep the children busy and entertained for the two weeks. An email has been sent out about vac care enrolments, spaces are always in high demand so if you have not yet got back to Andra make sure you get onto it or you will miss out. I'm currently working with Jill from Wanslea Inclusion Support to apply for Innovative Solutions Funding. If funding is approved, we will be utilising the services of Kelly Olderfield who is a child development and behaviour specialist. Kelly would then spend time with our centre, visiting over a 12-month period to work alongside educators, mentoring and helping develop routines and processes to better support the children in our care. She will also run training for the staff to further develop their knowledge and understanding of child behaviours and inclusive practices. The process for applying for funding is a long one with approval needed from the Department of Education but we hope to have it approved before the end of the year.

We will be holding a Parent Night this month. Dates will be confirmed but keep a look out for emails and notices on room doors for dates and time. It is a great opportunity for you to talk with educators about your child's development and what they have been doing while in the centre. It is also a chance for you to raise any concerns you may have or share ideas for the room. A sheet will soon appear on room doors for you to put your name down to book a time slot.

There has been a lot in the news lately about cyber safety for children and people targeting children on the internet. Children are becoming very tech savvy and are using the internet more and more in everyday life. It is important for families to be talking about internet safety with children just as you would road safety. There are a lot of websites out there with information to support parents with how to keep children safe online. Here are a few.

<https://www.esafety.gov.au/parents>

<https://www.cccsf.org.au/news/12-cyber-safety-tips-for-families/>

<https://raisingchildren.net.au/preschoolers/play-learning/screen-time-healthy-screen-use/internet-safety-3-5-years>

<https://bravehearts.org.au/what-we-do/education-and-training/for-parents/keeping-safe-online/>



## HUGGABLE HILL NEWS

For the month of July, we focused and learnt about the body doing many activities surrounding the body and the inside of the body. We created sensory blood component bottles out of different types of foods and a sensory bin of what the inside of the body looks like made of jelly bath and different types of food inside of it they had absolute fun playing in this and finding different things that represented a body part. We did lots of Simon Said games to focus on the name of the body parts and head shoulders knees and toes which they all really enjoyed. We have also created many different art activities as you would have been able to see around the room the one, they all liked the most was the tracing of their bodies.

We are happy to say with the restrictions being lifted with Covid-19 we were able to start back up with our incursions and excursions so that means we were able to invite MT Dance to come back and do dancing with us, the children were so excited about this and had so much fun we are happy to be able to get to do this once a month again. Which also meant we were able to start up our buddy system again with the GOSHC children. On their first visit over here, we got to do face painting with them and have a fire pit so we could make some damper in it which they enjoyed. On our second visit it was National Friendship Day and School Tree Day, so we were able to do some activities with the GOSHC children like painting their hands together for friendship and planting new seeds in our garden together. The buddy system works well letting the older and younger children engaging and interacting together working on their social skills too.

We had Pyjama Day which was exciting they created their own pair of pjs for art and decorated a pillowcase to. The centre ordered pizza for lunch and we sat in a big circle in the room together which was something different and exciting for them. We also made popcorn with the popcorn machine and got to watch a movie in the afternoon it was a great day.

We had Red Nose Day on Friday the 14<sup>th</sup> and got to wear something red we did some colours and used recycled egg cartons to cut out and paint them red to wear as red noses we also had the GOSHC children come over and paint our noses so that we could then use our nose to paint with them they tuned out really good

For the month of August so far we have had Dental Week which we focused on health and nutrition. We had an incursion and the dentist came in and spoke with the children about healthy eating and when we should brush our teeth and showed us how we should be brushing our teeth they really enjoyed getting a turn at brushing the dinosaur teddies teeth they had brought in. We also have had Science Week which was exciting with all the different types of science activities we got to do here are some.



We made volcanos everyday just so that all children were able to participate and see and not miss out we made lava lamp in a bottle which they enjoyed watching they got to watch the white colour flowers change colour when they were placed into some food colouring. We made hover crafts out of balloons which they though were funny as it was a bit tricky getting the balloon on the disk and the balloon would take off flying. We got to play with oobleck with it being a liquid and solid



## SOUND SPOTTERS

*The ability to listen closely is a key ingredient of phonemic awareness. This is the part of instruction that is skipped most often, because we assume that young children know how to listen. They may not!*

After a busy morning or afternoon lie quietly on the floor with your children. It's not nap time, but it's a great time to unwind, which is important for young children. As you lie there quietly for five to ten minutes, listen for sounds. Become "sound spotters". Don't use your eyes – use your ears. There are always sounds and weird noises you can hear in your home or outside: an air conditioner, doors closing, stomachs growling. The possibilities are endless! Your part is to talk about the sounds you and your children hear. Use a little enthusiasm and exaggeration to get the kids interested in this activity. The key phrase is, "Who can spot a sound with their ears?"

**Find more early literacy activities [here](#)**





# LULLABY LANE NEWS

Lullaby Lane has been very busy over the past two months learning about many different things and growing in the areas of relationships and communication. As the children are getting older, their speech is improving, and they are now able to express themselves and attempt to verbalise and interact with Educators and with one another. We have been reading lots of stories every day and singing to the children, which has encouraged and built on their language ability. We extended our learning on the Ocean as the children had such interest in this topic and still love singing about the fish, sharks, turtles and whales that live in the ocean. We spent lots of time discussing Emotions, Feelings and Friendships with all the children and role modeled how to be kind to others and care for others. We concentrated on sharing and turn taking and guided the children in their play and in forming relationships

We extended their learning about doing for others and being kind and caring to others when we dressed up in our Pyjama's and raised funds for the Pyjama Foundation and then dressed in Red for Red Nose Day, raising funds for SIDS. Thank you to all families that supported these fund raisers and dressed your child up for these occasions. We have involved the children in Planting a Tree during National Tree Planting day, and they loved digging in the soil and being part of learning how to plant and nurture their own tree. We then went on to learn about Dental Hygiene during Dental Awareness week. We were visited by some Dentists that came in to talk to the children about the importance of brushing their teeth and showed them the right way to brush their teeth. Everyone got a chance to practice this skill on a large set of plastic teeth the Dentist provided for this activity.

The children learnt songs about brushing their teeth and during our mat sessions, we all practiced our brushing skills, using toothbrushes and pictures of teeth, as we sang. We then went on to introduce Science to the children and engaged them in many different, basic science activities from observing ice melt, liquid turning to solid, wind in action, light, rainbows, magnetic play, colour changes, float and sink and wet and dry concepts. These experiences provided a sense of wonder and evoked curiosity. We are currently learning about How to keep Australia Beautiful and teaching the children about what littering is and by picking up rubbish, it will make our environment cleaner and a better place to live in.

We will be going on to celebrate books during Children's Book Week and reading lots of stories and involving the children in imaginary play, puppet play and many other experiences to encourage a love of books and stories and further develop their language and vocabulary.



## NATIONAL TREE DAY

**National Tree Day started in 1996 and has grown into Australia largest community tree-planting and nature care event.** Due to the impact of the COVID-19 pandemic across Australian communities no public events will run. This year plant a tree with your family in your yard.

### There are so many reasons to plant a tree:

- **To tackle climate change**, trees absorb CO<sub>2</sub>, a greenhouse gas that contributes to climate change.
- **To clean the air**, trees clean the air we breathe, by absorbing harmful pollutants like nitrogen oxides, ammonia and sulphur dioxide.
- **To prevent soil erosion and improve water quality**
- **To create and restore habitats.**
- **To improve your mental and physical health**, being in the presence of nature reduces stress and anxiety in humans, in addition to other health benefits such as lowering blood pressure and reducing risk of diabetes, cardiovascular disease and stroke.

**Choosing the right tree** for your yard is important, find out what to choose by following this [link](https://theconversation.com/using-lots-of-plastic-packaging-during-the-coronavirus-crisis-youre-not-alone-135553)

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Welcome Kinder Way families, for the months of July and August we had lots of fun adventures and exciting times in our room. We had an excursion to Bunnings to celebrate National Tree Day, where we purchased two fruit trees, a shovel, and a rake for our gardening in our yard. The children loved moving the soil in wheelbarrows to the pots and re-planting the trees. We talked a lot about caring for the trees and watched the Dr. Seuss Lorax to ensure our children took really good care of our growing plants and trees. We have the Lorax guarding our trees and colouring in pictures of them as well. As a group we made a tree using recycled leaves and bark from the ground, the children had so much fun foraging and finding the perfect leaves for our creation! It was a great team building and nature art which they took great pride in.

We celebrated Red Nose Day and had our nose painted and created beautiful red nose art. We had discussions about what Red Nose Day means to us in Australia and how raising money and awareness helps the scientists to do their jobs. We had a great time on National Pyjama Day, we got to wear our favourite PJ's and have pizza for lunch, then we even enjoyed a movie with popcorn!

Science Week was a big event in Kinder Way, we did so many experiments! To name a few; creating play dough, volcano bags, Oobleck, lemon volcanoes, crepe paper transfers, static balloons, how to blow up a balloon without your breath, the milk vs colour experiment and so many more! Continuing in Science week, we had the children and educators asking lots of questions the topic of skeletons was one we went into detail with. As we used the light board, we looked at real human X-ray's, showing the children the ball joints and how they work, counting the bones in the toes and guessing what body part was on the partial X-rays was so much fun. Then we moved onto the dinosaur X-rays and we went through what the animal was called, what they ate Carnivore, Herbivore and then related it to what we eat as Omnivores!

We had lots of other activities being played as well in the room and outside, from the building blocks, teddy and book corner, Mobilo, magnetic shapes, trains, peg board, secret father's day art sensory bottle experiments. The children love to help educators to get out the toys from the shed making their own choices about what to play with each day, some of the things they love to choose are; bikes, sandpit toys, cars, Lego blocks, obstacle course, jumping safety mat, scooters, trampoline, babies corner, dress ups and book corner.

There has been a couple of changes within our room with the educators, as Miss Zoe will be departing GCCC on the 10<sup>th</sup> of September Miss Kristie has stepped in as Room Leader and we are so excited about the future. Miss Zoe would like to take this time to thank all the wonderful families in our room for making her time here so very memorable and fun. Zoe will miss you all and wishes everyone the very best for the future. Miss Gabby will be returning next month and we are super excited to have her return, we have also had Miss Jess and Miss Georgie in our room from time to time to assist us.



## FUN WITH MT DANCE





## NEWS FROM PIT BLASTERS

In Pit Blasters we have been busy exploring the outer community throughout July for the school holidays. Some of the places that we got to see challenged some of us physical as we were not used to walking for such a long distance at a time. A few of the excursions that we got to go on that stood out was our hike up Nanny Goat Hill to where we ventured off into Williamstown to explore the neighbourhood for a colour scavenger hunt. While we were in Williamstown, we saw some alpacas and the lovely owner of the alpacas came out to talk to us and even let us have a pat of one of her alpacas. Another excursion we went on was our very first trip out to Kambalda to explore their lookout and find our way down to the Salt Lake. After many twists and turns we got lost of the hike down to the Salt Lake as we ended up going up instead of going down. We also had a lot of incursions where the children got to extend their knowledge on what we need to do when facing an emergency and who is the right people to call, we had our local fire fighters come in as well as our local police officers.

After winding down from our fun filled vacation care, we came back into term 3 ready to look at the different cultures within our rooms. The first culture we got busy with was Kenya. The children got involved in this culture by engaging in the activities which we had planned that got the children to use their creativity to get the safari animals done. We would also like to welcome Sharon into Pit Blasters as she will now be the assistant educator in our room.



## NEWS FROM NIPPERS

In Nippers, we believe that rhythm is the soul of life and will help to nurture the children's creativity and to develop their motor skills, so we introduced the children to different musical instruments and dancing styles in July. The children really enjoyed playing music together at the mat times and doing dancing with GoNoodle and Sesame Street. July is also the month of social group games such as octopus, duck duck goose, doggy doggy who's got your bone and floor is lava. These games not only brought a lot of fun to the children but also provided them with opportunities to develop social skills at their own pace, imagination, and emotional confidence.

In August, we focused on topics of Dental Health and Sustainability. For the first topic, the children got to identify healthy and unhealthy food for their teeth and learned how to look after their teeth to avoid cavities. For the second topic, the children were offered many chances to discuss the importance of the environment and what could be done to protect the environment. We contacted Keep Australia Beautiful and adopted a spot in Kalgoorlie to look after. The children cannot wait to do the first clean-up which will occur in the last week of this month. Also, in August we have explored meditation, yoga, and various relaxation exercises. The children have spent a lot of time practicing breathing from the diaphragm. The children have really developed awareness of calmness through guidance, instructions, and demonstration.

In vacation care the children had so many exciting opportunities to be a part of and explore a variety of engaging excursions, incursions and centre programs. Some popular experiences included Coolgardie Museum, Police visit, Firefighter visit, park visits, art and craft activities, etc. During these experiences the children were able to be physically and mentally active, play with friends, challenge themselves to new experiences, explore their own creative ideas, learn practical skills as well as interact and build positive relationships with their peers. Our vacation care programs are thoroughly thought of and designed each term with collaboration from educators, families and children. If you have any ideas you would like to discuss for the upcoming vacation care please speak to Veronica or Zoe.

